The v-safe Program
(12/23/20)

What is v-safe?

The v-safe program uses smartphone technology to send text messaging and web surveys to provide personalized health check-ins following COVID-19 vaccination. Through v-safe, you can quickly tell CDC of any side effects from the vaccine. Depending on your answers, someone from CDC may call to check on you. And v-safe will remind you to get your second vaccine dose if you need one.

How can I participate?

Once vaccinated, you can enroll in v-safe using your smartphone. Participation is voluntary and you can opt out at any time. You will receive text messages from v-safe around 2 pm local time. To opt out, text "STOP" when you receive a text message. You can restart by texting "START."

> **tix̌ix̌dxʷ tiił bək̓ʷakʷbixʷ**
> Take care of all people

How long do v-safe check-ins last?

During the first week after your vaccination, v-safe sends you a text message each day to ask how you are doing. Then you will get check-in messages once a week for up to 5 weeks. The questions v-safe asks should take less than 5 minutes to answer. If you need a second dose of vaccine, v-safe will provide a new 6-week check-in process so you can share your second-dose vaccine experience as well. You'll also receive check-ins 3, 6, and 12 months after your final dose of vaccine.

Is my health information safe?

Yes. Your personal information in v-safe is protected so that it stays confidential and private.[1]
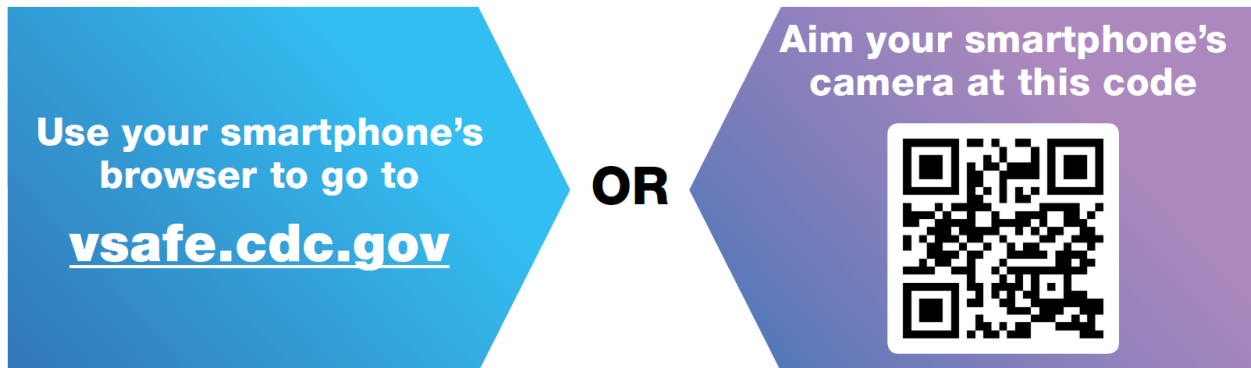
How do I register and use v-safe?

You will need your smartphone and information about the COVID-19 vaccine you received. This information can be found on your vaccination record card; if you cannot find your card, please contact your healthcare provider.

---

[1]To the extent **v-safe** uses existing information systems managed by CDC, FDA, and other federal agencies, the systems employ strict security measures appropriate for the data's level of sensitivity. These measures comply, where applicable, with the following federal laws, including the Privacy Act of 1974; standards enacted that are consistent with the Health Insurance Portability and Accountability Act of 1996 (HIPAA); the Federal Information Security Management Act, and the Freedom of Information Act.

To Register:

1. Go to the v-safe website using one of the two options below:

Use your smartphone's browser to go to **vsafe.cdc.gov**

OR

Aim your smartphone's camera at this code

2. Read the instructions. Click Get Started.

3. Enter your name, mobile number, and other requested information. Click Register.

4. You will receive a text message with a verification code on your smartphone. Enter the code in v-safe and click Verify.

5. At the top of the screen, click Enter your COVID-19 vaccine information.

6. Select which vaccine you received (found on your vaccination record card; if you cannot find your card, please contact your healthcare provider). Then enter the vaccination date. Click Next.

7. Review your vaccine information. If correct, click Submit. If not, click Go Back.

8. Congrats! You're all set! If you complete your registration before 2pm local time, v-safe will start your initial health check-in around 2pm that day. If you register after 2pm, v-safe will start your initial health check-in immediately after you register — just follow the instructions.

   You will receive a reminder text message from v-safe when it's time for the next check-in — around 2pm local time. Just click the link in the text message to start the check-in.

Complete a v-safe health check-in

✓ When you receive a v-safe check-in text message on your smartphone, click the link when ready.

✓ Follow the instructions to complete the check-in.

Troubleshooting

How can I come back and finish a check-in later if I'm interrupted?

✓ Click the link in the text message reminder to restart and complete your check-in.

How do I update my vaccine information after my second COVID-19 vaccine dose?

✓ The v-safe program will automatically ask you to update your second dose information. Just follow the instructions.

Need Assistance: Call 80-232-4636 or visit https://www.cdc.gov/vsafe

Your participation is what helps CDC to keep vaccines safe.