Telehealth with MDLIVE

Medical

See A Doctor Anytime, Anywhere.

Consult with a board-certified doctor 24-hours a day, 7 days a week by phone, secure video, or through the MDLIVE App.

When you're not feeling well, making your way into a doctor's office can be a real pain… from missing work or getting off the couch, to getting stuck in a waiting room. With your telehealth benefit, you can save time and money by seeing an MDLIVE doctor for non-emergency conditions. MDLIVE doctors can even send a prescription to your nearest pharmacy (if needed). Below are some of the conditions that MDLIVE doctors can treat.

Common conditions include:

- Allergies
- Cold / Flu
- Constipation
- Cough
- Diarrhea
- Ear problems
- Fever
- Headache
- Insect bites
- Nausea / Vomiting
- Pink eye
- Rash
- Sore throats
- Urinary problems / UTI
- And more

Get Started with MDLIVE

Register with the HMA Member Portal

1. Visit accesshma.com.
2. Select the HMA Member Login button at the top of your screen
3. Log in to your member portal or create an account by selecting "Create an account" on the bottom of the login screen.
4. Once logged in, scroll down your home dashboard to "Explore Your Benefits" and select the tile labeled "See a doctor now" to access MDLIVE.

Or Register with a Virtual Health Assistant

Meet Sophie, your virtual health assistant! Sophie makes creating an account quick and easy using your smartphone. See a doctor in minutes – anytime, anywhere!

Text Sophie at **HMA** to **635483 and follow the link** to register. You can also activate your account or talk to a doctor now at **http://www.mdlive.com/hma** or by calling **877-596-0967.**

HMA