

JULY 2025

MARION FORSMAN-BOUSHIE EARLY LEARNING CENTER

	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast		1 Bagel w/ Cream Cheese Ham Sticks Peaches	2 Apple Cinnamon Oatmeal Cheese Stick Blueberries	3 Pancakes Scrambled Eggs Mandarin Oranges	4 CLOSED	
	Lunch	Sweet & Sour Meatballs Brown Rice Broccoli Oranges Slices	Hot Dogs Wheat Bun Carrot Sticks Apple Slices	Baked Ham Sweet Potatoes Pineapple Wheat Roll		
		Snack	Graham Crackers Peanut Butter Milk	Soft Pretzel Bits Cheese Sauce Milk		Tortilla Chips Mango Salsa Cheddar Cheese Water
Breakfast	7 Blueberry Muffin Yogurt Mixed Berries	8 Cream of Wheat Sausage Links Blackberries	9 Rice Chex Hard Boiled Eggs Bananas	10 French Toast Sticks Ham Sticks Peaches	11 Biscuits & Gravy Scrambled Eggs Blueberries	
	Lunch	Bean & Cheese Burritos Bell Peppers Tropical Fruit	Hamburgers Whole Wheat Bun Cauliflower Orange Slices	Chicken Yakisoba (Soba Noodle, Chicken, Cabbage, Carrot) Green Beans Strawberries		Shrimp Fried Rice (Brown Rice, Shrimp, Peas, Carrots, Egg) Iceberg Salad w/ Ranch Dressing Mango
		Snack	Pickle Spear Goldfish Crackers Milk	Peanut Butter & Jelly Sandwich Cucumbers Milk		Apple Slices Cheddar Cheese Whole Wheat Crackers Water
Breakfast	14 Pancakes Sausage Patties Fruit Cocktail	15 Oatmeal Hard Boiled Eggs Apricots	16 Cheerios Yogurt Mandarin Oranges	17 English Muffin Scrambled Eggs & Cheese Honey Dew	18 CLOSED	
	Lunch	Mac & Cheese Chicken Nuggets Snap Peas Orange Slices	Honey Glazed Salmon Buttered Noodles Carrot Sticks Blackberries	Chicken Nettle Soup Cucumbers Watermelon Bread Stick		Spaghetti w/ Meatballs Caesar Salad w/ Red Bell Peppers Strawberries
		Snack	Trail Mix (Cheerios, Rice Chex, Dried Fruit, Goldfish, Pumpkin Seeds) Milk	Apple Cinnamon Muffin Milk		Tortilla Chips Guacamole String Cheese Water
Breakfast	21 Bagel w/ Cream Cheese Ham Sticks Tropical Fruit	22 Waffles Sausage Links Blackberries	23 Blackberry Lime Muffins Scrambled Eggs Pears	24 Breakfast Scramble (Potatoes, Eggs, Bell Peppers, Bacon) English Muffin Cantaloupe	25 CLOSED	
	Lunch	Chicken Broccoli Alfredo w/ Penne Roasted Zucchini Apricots	Meatloaf Mashed Potatoes Green Beans Peaches Wheat Roll	BBQ Chicken Legs Corn on the Cob Watermelon Cornbread Muffin		Soft Shell Beef Tacos (Flour Tortilla, Ground Beef, Lettuce, Cheese) Grape Tomatoes Pineapple
		Snack	Pita Bread Red Pepper Hummus Milk	Chicken Salad Whole Wheat Crackers Bell Peppers Water		Tortilla Chips Pico de Gallo Cheddar Cheese Water
Breakfast	28 Biscuits & Gravy Hard Boiled Eggs Fruit Cocktail	29 Pancakes Sausage Links Blackberries	30 Rice Chex Yogurt Bananas	31 Breakfast Burritos (Eggs, Sausage, Potatoes, Cheese Whole Wheat Tortilla) Oranges		
	Lunch	Turkey & Ham Sub Sandwich Carrot Sticks Apple Slices Lays Chips	Pork Adobo Brown Rice Broccoli Peaches	Tater Tot Casserole Green Beans Strawberries Wheat Roll		Hamburger Soup Cauliflower Watermelon Bread Stick
		Snack	Cheese Quesadilla Milk	Grapes Goldfish Milk		Peanut Butter & Jelly Sandwich Cucumbers Milk

Whole milk served for children 1 yrs. old, 1% for children 2yrs and older. Use substitutes for Infants

MILK IS SERVED WITH BREAKFAST AND LUNCH

WHOLE WHEAT OR WHOLE GRAIN PRODUCTS SERVED ONCE A DAY

Menu Subject to Change

“This institution is an equal opportunity provider.”